DEVON OPEN KARATE CHAMPIONSHIPS SUNDAY 1st NOVEMBER 2009

TOURNAMENT RULES FOR ALL CLUBS AND OFFICIALS

Please sign and return page 4 of this document.

REGISTRATION

All Competitors must register before 10am in full association Gi and belt at the registration desk outside the arena and produce an up to date valid licence receipt (traditional whites are not compulsory).

Invalid licence books will be disqualified and all entry fees will be <u>NON REFUNDABLE</u>. Competitors must remain in a Gi or with an over Gi on top throughout the day or until their events are over. **Please note: competitors will not be allowed to enter the arena without the correct attire.**

It is the responsibility of each club instructor to check their member's licence validation. Only one coach plus an assistant per club will be allowed to enter the arena free of charge and will be required to wear an identification badge throughout the day. These names must be entered with your application so that name badges can be prepared in advance.

KATA TOURNAMENT RULES FOR ALL COMPETITORS

All competitors compete at their own risk. Keibudo Karate Schools do not accept responsibility for any injuries endured to any competitor of any association at this event.

<u>KATA</u>

Because this is an open event, all Kata will be recognised regardless of style, 1st and 2nd choice Kata must be submitted with application form.

All Kata will be judged on the following:

BALANCE, TIMING, FOCUS, AWARENESS, CONTROL AND POWER PLUS ALL ROUND TECHNICAL QUALITY.

Each competitor must enter the middle of the area and announce their Kata before commencing.

SCORES

Scoring will range from a minimum score of 6.1 to a maximum of 7.0 with a mandatory score of 6.4 for a performance with obvious errors. There will be 2 judges per area.

2nd ROUND OR CALL BACK

For each round the competitor must perform a different Kata. In the event of a tie break, where possible a mandatory Kata must be performed if known by all competitors, if not competitors may repeat a previous Kata, this also includes grades 10^{th} Kyu – 6^{th} Kyu.

TEAM KATA (black belts only)

Teams must be all male or all female only with 3 competitors to a team and over 18 years old. All the above rules apply with the obvious addition of synchronisation.

Team Kata will only take place if we have sufficient numbers and enough time on the day. Refunds will be given if there is a shortage of competitors or time.

PLACINGS

The placing for awards will be gold, silver and bronze, with NO JOINT 3rd place.

KUMITE TOURNAMENT RULES FOR ALL COMPETITORS SEMI CONTACT POINT STOP SPARRING

All competitors compete at their own risk. Keibudo Karate Schools do not accept responsibility for any injuries endured to any competitor of any association at this event.

We wish this event to be as fair as possible and safe and enjoyable for all.

We will comply with most of the WKF rules and have outlined a basic standard for everyone to understand, please study the following carefully.

Full details of WKF rules can be found at www.wkf.net

SAFETY & PROTECTION

Each competitor must wear approved red (AKA) or blue (AO) Elite hand mitts, also approved shin and Instep leg pads, preferably red or blue but older style White ones will be allowed.

Groin guards, chest guards and gum shields are not compulsory but highly recommend, failure to wear any of these items may result in injury and therefore any injuries sustained during a bout will be entirely at the risk and liability of the competitor or their association.

Head guards for juniors and cadets will be provided on the day.

Glasses are **not permitted** on the fighting area, contact lenses only.

REFEREES AND SCORING

There will be 2 referees on each fighting area with a 3rd referee to the side of the scoring table. There will be a time keeper and score keeper at each table.

If a referee is not happy with a fighter's attire, the fighter will be given 1 minute to amend matters or risk the possibility of disqualification.

The criteria for any score must include at least 5 of the listed criteria below.

- (a) Good form
- (b) Sporting attitude
- (c) Vigorous application
- (d) Awareness (Zanshin)
- (e) Good timing
- (f) Correct distance

The technique scored will not be announced; only the fighter and type of score awarded.

e.g. AKA (red belt) Ippon, or AO (blue belt) Sanbon and so on.

Kia is recommended on all scoring attempts but not compulsory.

IPPON (1 point) is awarded for:

GyakuZuki (reverse punch) to either the head or body front and back. You can also score with a Back fist to the head. No lead hand punches or spinning back fist will score anywhere.

Facial contact must be minimal and warnings will be issued for excessive contact or blood drawn. There is no score to the throat at all for any technique.

NIHON (2 points) is awarded for:

Chudan (mid section kicks) front kick, side kick or round kick to the front or back of the body. **SANBON** (3 points) is awarded for:

- (a) Jodan (head) kicks of any type except axe kicks and crescent kicks, warnings will be issued for excessive contact.
- (b) Any scoring technique i.e. reverse punch delivered on a swept or fallen opponent via a foot sweep or leg grab and throw. No sweeps or throws for juniors. <u>Attacking Hip throws are</u> <u>NOT Allowed for juniors or adults!</u>

BOUT DURATION

Each bout will last 2 minutes for adults and 1 and a half minutes for juniors and cadets. Based on semi contact point stop sparring. The fighter with the most points will be declared the winner. If a fighter reaches an 8 point distance over their opponent then they win outright.

PLACINGS

The placing for awards will be gold, silver and, JOINT 3rd for bronze.

Fighters will not have to fight again for 3rd place; bronze medals will be awarded to both fighters.

WARNINGS

There are 4 types of warnings and 5 types of penalties.

Category 1;

Techniques with excessive contact to a scoring area and also contact to the throat. Attacks to the arms, legs, groin or joints and instep.

Dangerous or forbidden throwing techniques.

Category 2;

Feigning or exaggeration an injury. Repeated exits from the competition area (JOGAI). Self endangerment by exposing one's self to the risk of injury or turning your back on your opponent (MUBOBI). Or avoiding combat as a means of preventing your opponent the opportunity to score. Clinching, wrestling, pushing, seizing or standing chest to chest, without attempting a throw or other technique, simulated attacks with the head knees or elbows and or uncontrolled dangerous attacks. Talking or goading your opponent, discourteous behaviour towards your opponent and officials or disobeying referee's instructions

JOGAI 3;

Stepping outside of the competition area more than once will result in points being awarded to the opponent.

MUBOBI 4;

Self endangerment by exposing one's self to the risk of injury or turning your back on your opponent, therefore unable to protect yourself.

TYPES OF PENALTIES;

CHUKOKU; First warning issued for any of the above.

KEIKOKU; Second warning issued for a repeated offense and IPPON is awarded to the opponent.

HANSOKU-CHUI; Third and last warning prior to disqualification, NIHON is now awarded to the opponent.

HANSOKU; This is a disqualification of the fighter or offender.

You are allowed each of these penalties for each type of offence, that is, Category 1 or 2 and JOGAI and MUBOBI.

SHIKKAKU; This is when the conduct of a competitor has been declared to be so bad that he or she is disqualified from the entire event and the referee's commission must be informed.

TEAM KUMITE & VETERANS (Black Belts Only)

3 fighters to a team and must be all male or all female and over 18 years old.

All the above rules apply with each bout lasting 2 minutes.

Team Kumite will only take place if we have sufficient numbers and enough time on the day.

Refunds will be given if there is a shortage of competitors or time.

Veterans divisions are for the over 40s and black belts only and again will depend on numbers etc.

<u>COACHING</u>

One coach per fighter/team is permitted and must be seated behind his/her fighters and outside of the area. If any coach is interested in refereeing on the day this would be greatly appreciated.

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Please complete the section below and detach this page and return to Keibudo Karate Schools with your application form.

Send to; 100 Sherwell Valley Rd, Chelston Torquay. TQ2 6EX or email <u>keibudo@hotmail.co.uk</u> For all other information please call Sensei Keith Boardman Tel 01803-606305.

Please note these rules are a variation and not a duplicate of WKF rules and are designed for a safe and enjoyable competition, which we hope to repeat every year.

We kindly request that all instructors pass onto your members the code of conduct and sportsmanship we expect to see on the day from all competitors and associations.

We will also be providing a VIP area for instructors and coaches etc, so your ID badge will be essential for access to that area.

We respectfully ask that all associations print out a copy of the rules for the championships. This is an acceptance of our terms and conditions for the championships and all associations and independent competitors must comply with the rules for the day. Failure to return this page will result in a refusal of entry and all fees considered NON REFUNDABLE.

NAME:	ASSOCIATON or INDIVIDUAL
RANK	POSITION
laid out above for the Devon Open Karate Char Keibudo Karate Schools and its founder, Sense	

event.
SIGNED DATE

Can assist with refereeing on the day if needed. YES.....NO.....