

Karate Bulletin

All calls to the Karate Academy are now FREE if you use this number **08000 155 152**



No more excuses for not booking that much needed private Session, or requesting Buddy Passes.

Please note call are only free from Landlines, mobile phone companies will still charge at the usual mobile rate.

Nicely NOVEMBER

It just keeps going, doesn't it? This year has been a complete rollercoaster, with October being as hectic as anything. We arranged to keep using Market Walk dojo AND Newton Abbot Leisure Centre, we put our bid in for the former Indoor Bowls Centre (the council have a meeting on November 26th to discuss who they will offer the centre to!) we had some terrifyingly important seminars and kept up the regular classes too! Now here is November, penultimate month of the year. Read on for what's happening now.

The OCI and our new Black Belts!

We were privileged to have the co-founder of our association, Anthony Blades renshi and Neil Ellison sensei—one half of the Northern Area Directors—with us for our seminar on Sunday 14th October 2007. It was tinged with regret as we learned that due to a death in his family, fellow Northern Area Director Stuart Howe sensei would not be joining us. Still, training with Neil and Anthony is always a pleasure.



This year was no exception as the information came thick and fast. "Thank you, sensei Burke," said Dave Cooke sensei from Cornwall, "Your teachers have really given me a lot to think about—everything's inter-related, isn't it?"

The seminar was busy, but we also had the Grading being conducted alongside the tuition. It was with

great pride that we awarded Richard Carrick his nidan (second degree black belt) on the first day of the test. Renshi was happy enough with the day one performance that he didn't need to wring it out over two days for Rich.



The shodan (first degree black belt) candidates worked hard over the two days, and with some help from sensei Ellison pulled together the postural changes required to make the grade. Congratulations to Andy Wray, Jane Hughes, Stuart Harvey, and Steph Ellis on the big step up to Black Belt.

Those weren't the only grades given out over the weekend, though. We were privileged to witness the awarding of godan (fifth degree black belt) to Neil Ellison sensei, confirming what we already knew—he's a master of the martial arts. I'm very proud to have him as my senior. We had a good night out on the Saturday, too.



Do it for Pudsey!

OH, we've gone crazy and organised our competition in line with the BBC's "do something different" theme for Children in Need. The charity helps children all over Britain, and we're going to raise money by having some bizarre competitions. Friday 16th November will see 5-8.30pm holding a dazzling display of kata—made up kata, musical kata, fancy-dress kata, team kata, and some sparring too. Get'em out of the ring, type sparring, pin 'em to the ground type sparring, and make 'em tap-out type sparring! Application forms are available from Kim at the Newton Abbot dojo.

TERRY WINGROVE SEMINAR

Exactly a week after the OCI seminar we were honoured to host Sensei Terry Wingrove for his seminar which benefited the Richard House children's hospice to the tune of £700.

The seminar, which was featured in the Mid-Devon Advertiser, consisted of a grand history lecture and some very painful techniques.



Japanese Lessons

The new course began on Saturday 27th October. Makiko Caul sensei has said that if anyone wishes to join in they are very welcome, even though the course is in mid-flow. Most of us taking part are hugely entertained to be learning the Japanese language, and we're finding it tough but loving it. In November of 2008 Terry Wingrove sensei is taking a group over to Japan, and it would help if those that went knew some rudimentary language. Daijobu des ka?

Kickboxing

As well as Karate, Sensei John Burke will now be teaching a new Kickboxing only programme. This is separate to the karate and is only suitable for students over 8 years old. Anyone interested in also participating in the Kickboxing classes should contact Kim about the reduced costs to Karate members.

Karate Instructor Course

Anyone interested in becoming an instructor should let Kim know of their interest. The next stage of enrolments will be in January 2008, places are limited due to the intense instruction given. Minimum entry qualifications are 6th kyu and above (green belt), 14 years old, completed entry questionnaire, and the enthusiasm to see your training all the way to 3rd Dan.

IAIDO

Iaido—the way of drawing the sword—sessions are now available on Saturdays at Newton Abbot Leisure Centre, from 12-1pm, straight after the morning karate class. No more worrying about the ceiling height. Cost per session will need to incur a small increase to £3.50

New Members

A big welcome to **Casper Meredith, Lindsay Kightley, Joe Langabeer, & Nephi Wahnon-Pym** who joined us during October. Also welcome back to **Yeshaya Wahnon-Pym** who returned after a break.

Thanks

Big thanks to those of you who wrote letters of support for our bid to take over the super-site at Kingsteignton. It means a lot to us that we were able to write such nice things and that you share our vision for a centre that will benefit the whole community. Just In—I was just about to print this newsletter when I received a letter from Maze Consulting (who are the agents for TDC) that our bid has made it to the second stage. This means we have until noon on Friday 9th November to amend our bid and supply further information, so, anyone who has not written a letter of support, please do and hand it to Kim asap. Thanks.

ONE-2-ONE SESSIONS

Book yours now. It's no good waiting till the week before the grading. Paid for one-2-one sessions with Sensei Burke can be booked at any time.

Traditional Karate Magazine

The magazine has now been incorporated into Combat magazine, with a special on-line presence. Technology moves on, but I can't help but mourn the passing of the newsagent presence of Karate.

Birthdays

The following students have birthdays in November:

Toby Heath	10th
Bidwell Fairlove	11th
Jared Wray	13th
Sam Adams	14th
Daniel Callan	15th

Happy Birthday to you all.

November Timetable Exceptions

Friday 16th—No regular sessions due to Children In Need charity event at Newton Abbot

New Timetable

Last month we published the new timetable. If you do not have a copy, please call Kim or goto www.karateacademy.co.uk/10.html to obtain yours.

Last Word

Remember that training needs to be a part of your life. For good progress to be made you need to train twice per week or more. We don't stop for school holidays, and our timetable is the broadest going—no-one offers you as many choices as we do for your training. Make good use of this facility and encourage others to join us as well, that way we can really make a difference to society. See you in the dojo.

Upcoming Events: . **November 16th Do Something Different Gala**—annual competition **December 15th** Burke sensei's 25th anniversary of his first licence. 16th Kyu Grading 23rd Christmas Party **2008** Schedule currently being prepared. Is there anything you want to happen in 2008?