



## Little Stars

Our Little Warriors are recognised in class as to who has the best attention or most improvement during that lesson. Our Star of the Day is awarded a certificate. In the past month we have had:

- 1st Roo Chadwick - Newton Abbot
- 6th Oscar Williams - Newton Abbot
- 8th Alfred Beale - Newton Abbot
- 9th The Whole Class Torquay.
- 10th Skyla Jai Smith - Newton Abbot
- 16th Tommy Thompson - Torquay,  
Samuel Coaker - Ashburton
- 20th Oliver Williams - Newton Abbot
- 22nd Thomas McCoy - Newton Abbot
- 23rd Ayrton Sharp - Torquay
- 24th Jacob Hopkins - Newton Abbot
- 27th George Edwards - Newton Abbot
- 30th Alex Doidge - Torquay
- 31st Joseph Curnow - Newton Abbot

## Last Word

Rest assured. Even though some of the instructors are away for a couple of weeks our classes, for the most part, continue. It's the joy of having a team of instructors. They have all been through the Instructor Training Course. They all know what to teach and how to teach it. In many ways it doesn't matter which one is at the front of the class, and in some ways it is good to hear the same information from different people; that way maybe one of them gets the message across to you in a way that you in particular benefit. Please don't imagine that training while any one teacher is away is wasted. You come to class to train for your own development, and it might just be the biggest surprise a teacher can get if the student is better when they get back than when they went away. If you need an external reason for training then do it to make your teacher proud of how you developed while they were away. The teachers who are staying include a 4th Dan, two 3rd Dans, three 2nd Dans, and a 1st Dan. There are many clubs in this country that only have one 1st Dan available. We are rich with experienced martial artists and teachers. Use them, and look forward to what our travelling party return with!

Proud to be the Keikokai.  
See you in the dojo.

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**Dedicated to Black Belt  
Excellence**

## Little Warriors Activity Day!

We had a blast at the Little Warriors event during Half Term. On Wednesday 24th October our Little Warriors got to spend the day with extra training, fun games, and background activities to help them with their Karate.



Is it something that we should do during the Christmas break as well?



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# Karate Academy

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The nights are drawing in, the clocks have gone back, and schools start to plan their Christmas Play and Fetes. You know we carry on through it all. And if you are unable to make your regular session then maybe you can make it to a different one. Amongst all the festive planning, stay safe. Bonfire night is exciting but can be dangerous. And people are silly on the roads and might not be as careful on dark nights as we would like. That means that martial artists must take extra care. John and Kim

## Okinawa

The Birthplace of Karate. From the 4th—18th November John Burke renshi will be taking a group over to Japan and then Okinawa to visit instructors and see the historical sites and sights to do with our art. It marks the 150th Anniversary of the birth of the founder of our style of Karate, Shotokan O'Sensei **Funakoshi Gichin**. Don't worry though, most of our timetable is unaffected and classes continue.

## Kyoshi Blades

The fast approach of December leads us to mention that our senior instructor and examiner **Anthony Blades**, 7th Dan kyoshi will be visiting us. There will be a Dan Grading (Black Belt test) and sessions for the students and teachers too. Saturday 15th December will have a lesson with Kyoshi at 10am

for the coloured belts below brown and 12.30pm for the brown belts and above. Then, for the first time ever, Mr Blades will be staying on to take part in The Special Lesson on Sunday 16th December. :-)  
Coloured belts £15 each. Brown and above £20.  
Those taking Dan Grading it's included in your grading fee.



## Book On-line

### Coming Soon

Always looking at ways of making your life easier and convenient to organise, we now have an on-line booking system and payment system for regular classes and private lessons. You access it via the [www.KarateAcademy.co.uk](http://www.KarateAcademy.co.uk) site's menu. Just look for Book Here, Sign in, then you can manage and monitor your training progress right there. Kim will register all current members, add lesson credits and send you your login details very soon.

The system should be going live on Monday 12th November.

## Dates for your Diary

### NOVEMBER

No Brown & Black belt classes on Sundays 4th, 11th & 18th due to the Okinawa trip.

### DECEMBER

- 1st **NEW Juniors Only class** starts in Newton Abbot 9.30am-10.30am
- 1st Little Warriors stripe test
- 2nd kyu grading
- 15th Seminars with Kyoshi Blades
- 16th The Special Lesson
- 23rd Last Lesson before Christmas

## Birthdays

The following students celebrate their Birthday this month (November):



- 1st Skyla-Jai Smith
- 2nd Julio Perez-Giron
- 3rd Rebecca Green, Debbie Whitefoot
- 4th Sophia Cole
- 22nd Nicola Carrick sensei (milestone), Aiden Draper, Nicola Parker
- 24th Emma Fancett
- 27th Olivia Harrison, James Doran
- 29th Craig Bottomley, Grzegorz Jankowski, Gareth Saunders

**Happy Birthday to You**

## Brecon

The feedback about the course has been so positive that we are going to do it all again next year. We've gone for Friday 30th August 2019 to Sunday 1st September 2019. Once again, the fee will include evening meal on Friday and Saturday, Breakfast and packed lunch on Saturday and Sunday, and all your training with **Anthony Blades** kyoshi, **John Burke** renshi, and **Martyn Skipper** sensei, before evacuation on Sunday. Just £140 per person. Places in the shared accommodation



are limited, so anyone who definitely wants to come must get their place booked asap. Only 10 spaces left, book now to secure your place.

## Cornwall Weekend

We mean THE weekend course at the beautiful Perran Sands! Same venue, same weekend Same instructors. Slight change to the training times. Bookings now being taken.



The cost of training for the whole weekend is £40 per person in group booked accommodation, or £75 per person for members who are taking their own tents/caravans

On the current group booking, we only have the following accommodation left for the 3 nights. If you would like us to add on a 7 night stay or alternative grade accommodation, please email [Kim@KarateAcademy.co.uk](mailto:Kim@KarateAcademy.co.uk) with your request and we will try and get the best price for you.

2 bed chalet (sleeps 6) x1 £225  
3 bed Standard Caravan - Newer Model (Sleeps 6) x 2 £280  
Room in shared caravan (includes training) x3  
£150 single / £225 couple sharing room

Deposits £90 per accommodation/£30 per room are required now with the balance being due by end of March 2019.

## Grading Results

On Sunday October 14th we held a kyu grading at Newton Abbot dojo. The following people were recognised to have attained the required standard for new grades:

### 1st kyu

Adam Faulkner, Lennon Lemar

### 2nd kyu

Louise Paul

### 3rd kyu

Joshua Adams, Ethan Kirkbride

### 5th kyu

Matthew Daborn, Helena Stuckey-Howard

### 6th kyu

Elliott Speer

### 7th kyu

Serena Bennett, Conrad Bird, Andrei Lascu

### 8th kyu

Julio Perez-Giron

### 9th kyu

Hannah Ward, Jasper Howarth Yates, Leigharna Miller

In order to take a grading examination, the student must be nominated by an instructor. This happens when the student has proved competent in their regular lessons. On the day of the test they still need to demonstrate just why they should pass. The result depends on the student and their effort.

The last kyu grading this year will be held on Sunday 2nd December. Train hard now if you would like to be nominated to grade, leaving it until 2 weeks before is too late.

On Saturday 13th October 2018, the following Little Warriors (4-7 year olds in our pre-martial-arts class) were recognised at the next stage of their development:

### Green Stripe

Emily Bath, Brody Simpson

### Yellow Stripe

Dylan Hone, Sunny Weedon, Aria Froom, Lily French, Freya Wallwork, Holly Brimcombe

### Red Stripe

Joseph Curnow, Skyla-Jai Smith, Maddox Robins

### Orange Stripe

Dexter Allen, Olivia Martin, Ivy Smith, Harry Dear, Ayrton Sharp

Instructors nominate Little Warriors to graduate to the next stripe when the students have learned what they have to do from the Little Warriors curriculum. The last stripe test this year will be held on Saturday 1st December. Will you be ready?

## Summer School

As next year's calendar is already filling up, we have reserved the dates 5th-9th August 2019 for Summer School. We will start taking bookings in the new year. This is so that people who want to attend can arrange holidays etc. Little Warriors Activity Days will return next summer, dates to be confirmed in the New Year.

## New Members

The Karate Academy is pleased to welcome the following new members who joined during the last month:

**James Doran, Charlie Bray, Peter Flannery**  
(Newton Abbot)

**Laurel Mitchell**  
(Little Warriors)

**Alexis England**  
(Torquay)

Recommendation is the highest compliment we can receive.

Welcome one and all!